



Road Position and General Driving

Concentrate on your driving and do not use your mobile phone. Avoid loud noise in the car.

Cycling feels hazardous when drivers are too close, so please give cyclists space and be patient.

Expect cyclists to move out in the road to avoid potholes/drains or to be seen by oncoming traf c or vehicles waiting at junctions.

Even if there is a cycle path or cycle lane, sometimes cyclists need to be on another part of the road to make a turn or to make themselves visible.

Always look for cyclists, especially at junctions. Look out for all types of cyclist (not every cyclist will be wearing hi-viz).

Always check your mirrors and blind spot for cyclists, whether you are stationary or moving.

Legally, a cyclist can use the entire lane and will often take a mid-lane position to deter overtaking by vehicles at particularly vulnerable locations, for example where the road narrows, junctions, and blind bends.

Cyclists may not always give a signal, especially mid-junction or on a roundabout, as they need both hands for steering and braking.

If you are unsure of a cyclist's intention, wait for them to make their manoeuvre.

Overtake a cyclist in the same way you would another vehicle.

Plan ahead and wait until the opposite carriageway is clear.

Give cyclists at least 1.5m clearance in slow moving traf c. At higher speeds a full car width's clearance is recommended.

Do not overtake near a junction, pedestrian crossing, on a roundabout or at pinch points (for example keep left bollards, pedestrian refuges and traf c calming features) NEVER overtake just before a left turn you plan to make.

Do not drive close behind cyclists or sound your horn.

>> The Law

1.5m is a minimum safe distance for overtaking in slow moving traf c. If you cannot allow the minimum distance, do not overtake until you can. At speeds of 30mph or above, the Highway Code recommends a car width may be needed to overtake safely.

Rule 139 of the Highway Code states "give cyclists at least as much room as you would a car when overtaking".

Rule 188 of the Highway Code states "When passing a cyclist give them plenty of room". If they look over their shoulder while you are following them it could mean that they may soon attempt to turn right. Give them space and time to do so.

≫ Make eye contact

Always try to make eye contact with other road users to make sure you have been seen. Keep an eye on the wheels of the vehicle to help you spot when the vehicle is starting to move.

>>> Look around you

Check what is happening around you at all times. Look well ahead for obstructions in the road, such as drains, potholes and parked vehicles, so that you do not have to swerve suddenly to avoid them. Check behind you.

>>Listen

Make sure you can hear the traf c around you, don't use headphones. Some large vehicles have warnings to tell you they are turning left.

>> Don't be floored by doors

Leave plenty of room (1.5m) when passing parked vehicles. Always watch out for doors being opened into your path.

Ride on the road, not in the gutter

Ride at least 0.75m away from the kerb. It's safer to ride in the middle of your traf c lane (the primary position) if there's not enough room for a car to overtake you.

>> Make your intentions clear



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