Introduction

Aim

Methods

- The eFI is a cumulative deficit modelled frailty tool, which calculates a frailty score based on the presence of variables that include symptoms, diseases and disabilities.

- The number of deficits recorded against a person is then divided by the total possible 36 deficits, to generate a score between 0 and 1. Frailty score categorisation is then stratified as follows; 0 – 0.12: Fit, 0.13 – 0.24: Mild, 0.25 – 0.36: Moderate and >0.36: Severe.

- Data was extracted from six general practices, with univariate analysis undertaken to describe the categorisations by age using the eFI. Following frailty identification and categorisation, evidence based interventions and recommendations classified into health and social needs were proposed for each frailty categorisation.

- Pilot of the eFI tool allowed the categorisation of GP registered patients leading to a more systematic approach of case finding of at risk patients. Stratification could lead to a more effective goal orientated care

- Appropriate re-assessment of population need.

  - Potential for the impact of the eFI tool on reducing unplanned admissions and conveyances to hospitals.

  - By using this preventative approach, implementation of Frailty **Index (eFI) within Primary Care**